Make a list of any other skills that you have learnt

Our Vision

At St. Catherine's College, we believe that, in order to be a responsible citizen within school, and out of school, sometimes we must go out of our way to do things which help our society. By giving a little of our time and effort for the greater good, we create a happy and harmonious community.



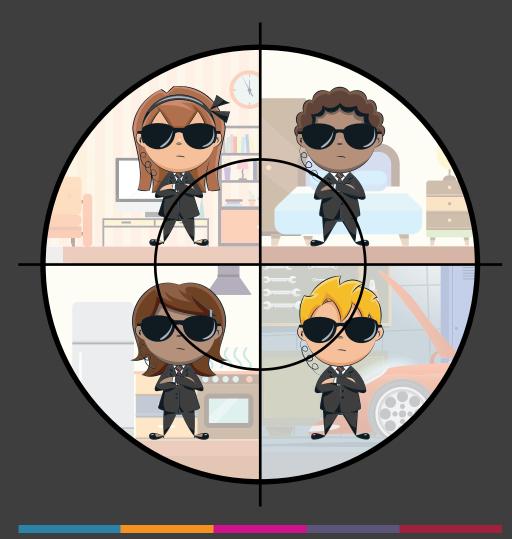
Priory Road T: 01323 465400

Eastbourne E: admin@stcatherines.college East Sussex W: www.stcatherines.college BN23 7BL

#: @STCCEastbourne







Preparing students to stand shoulder to shoulder with their peers: locally, nationally and globally.

RESPONSIBILITY PROJECT

Being part of an engaging community gives us a sense of belonging. It enables us to develop positive relationships and helps us to grow as individuals.

Having a sense of community develops spirit, character and pride. People within a community matter to one another, they share a commitment to each other and a sense of togetherness. Being a part of a community can make us feel as though we are a part of something greater than ourselves.

Below are a number of ideas that you might participate in to help you to develop your community further. Your mission, should you choose to accept it, is to tick off these tasks as you complete them, perhaps taking photos of each activity to share with your tutor. Some tasks will require adult supervision.

Participation

Taking part in a community activity will strengthen your sense of belonging and will positively influence those around you.

To participate in your community you could:

- Contribute to a sports team or club.
- Attend your local church.
- Take part in a sponsored event.

Sharing

Sharing with your community helps innovation and growth.

Sharing can take many different forms.

To share with your community you could:

- Give your time to help others with their studies.
- Give your time to help support people at clubs and activities.
- Share your knowledge to teach something new to someone.

Support

Being part of a community enables us to give support to others.
Being supportive of others can help them to feel better about themselves. The best bit about this is, that by helping others, you will also improve your own sense of wellbeing.

To support your community you could:

- Help the elderly.
- Look after a neighbour.
- Donate to the food bank.
- Give to a person less fortunate than yourself.
- Support family at home.

Influence

If you are able to positively influence your community you will feel empowered. When people feel empowered, they are able to influence positive change.

To influence your community, you could:

- Make a positive difference to a friendship, for example show kindness to them.
- Make a positive difference to your family, for example show your love for them.
- Make a positive difference to a group that you are a member of, for example lead a prayer in church.

Connection

Making positive connections with others builds valuable relationships, and gives us a deeper sense of belonging.

To establish connections with your community you could:

- Smile.
- Say 'good morning' 'thank you' to people.
- Ask people about their day.
- Be kind.
- Open doors.
- Give up a seat to someone who is in need.

Environment

We would all like to live in a nice place and to feel proud of our surroundings.



Where we live is part of who we are, and we could enhance our environment by:

- Helping our parents or neighbours (in autumn) to pick up leaves.
- Helping our parents or neighbours to cut lawns.
- Picking up any litter we see on walks or social activities.
- Walk or ride a bike instead of taking a car journey.
- Use a reusable water bottle instead of buying plastic bottles.