

Maintenance



- ☐ Check bicycle bolts are tight and oil the chain if necessary.
- ☐ Learn how to repair a flat tyre.
- ☐ Check car fluid levels, tyre tread, tyre pressure and lights.
- ☐ Change a standard light bulb.
- ☐ Change a halogen, LED or fluorescent bulb.
- ☐ Find out where your mains water stopcock is.
- ☐ Help assemble an item of flat-pack furniture.
- ☐ Sew on a button or repair a hem.
- ☐ Know which day your refuse is collected, and put the correct bins out in advance.

Make a list of any other skills that you have learnt

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Our Vision

At St. Catherine's College, we believe that, in order to be a responsible citizen within school, and out of school, sometimes we must go out of our way to do things which help our society. By giving a little of our time and effort for the greater good, we create a happy and harmonious community.



**ST CATHERINE'S
COLLEGE**
A CHURCH OF ENGLAND ACADEMY

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MISSION: RESPONSIBLE

Preparing students to stand shoulder to shoulder
with their peers: locally, nationally and globally.



RESPONSIBILITY PROJECT

There is so much for you to learn in this high-tech world. It's all too easy to miss out on the practicalities of life. Now is the perfect opportunity to learn some new life skills!

Your mission, should you choose to accept it, is to tick off these tasks as you complete them, taking photos of each activity. Some tasks will require adult supervision.

Waking up



- ☐ Make your bed daily.
- ☐ Change your bed linen regularly.
- ☐ Tidy your bedroom (keeping it tidy is easier than tidying it).

Washing up



Start by scraping and rinsing.

- ☐ Load and empty the dishwasher.
- ☐ Wash up by hand.

Washing



Start by sorting colours.

- ☐ Wash your own clothes and bedding (choose correct settings).
- ☐ Hang the washing up to dry or use the tumble dryer.
- ☐ Fold the dried washing carefully and put it away.

Ironing



If you have hung and folded carefully, you won't have to iron everything.

Choose the right setting and wait for the iron to heat up (the heat setting needs to be changed for different types of fabric). Progress from T-shirt to shirt to trousers.

- ☐ Iron your clothes.
- ☐ Hang up, or fold carefully, and put everything away.

Housework



- ☐ Vacuum a room.
- ☐ Sweep the floor.
- ☐ Mop floor tiles or vinyl.
- ☐ Clean the bath, basin and toilet.
- ☐ Clean the inside of the windows.
- ☐ Dust and/or polish wooden furniture.

Gardening



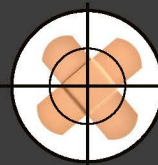
- ☐ Plant some seeds and nurture the plants.
- ☐ Mow the lawn.
- ☐ Sweep the drive and/or patio.
- ☐ Weed the flowerbeds, drive and/or patio.
- ☐ Make a window box with herbs or flowers.

Finance



- ☐ Learn the difference between debit and credit, and debit and credit cards.
- ☐ Find out how to apply for a mortgage.
- ☐ Learn how to budget.
- ☐ Find out the best bank account to bank with, regarding benefits for people of your age.
- ☐ Find out what household bills need to be paid regularly.
- ☐ Find out what income tax and VAT are.
- ☐ Find out what the minimum wage is for your age.

First aid



- ☐ Complete a first-aid course online for free <https://www.firstaidforfree.com/>

Caring



- ☐ Look after a pet.
- ☐ Look after a sibling or other family member.
- ☐ Remind someone to take their medicine on time.
- ☐ Video call, phone or text a relative to see how they are.
- ☐ Write an informal letter to a grandparent or distant relative.
- ☐ Make a cup of tea, coffee or other drink for your family.
- ☐ Bring your parent/carer breakfast in bed.

Masterchef



Make these culinary delights for your family and share photos with us on social media:

- ☐ Boiled egg and soldiers.
- ☐ Jacket potato with beans.
- ☐ Scrambled egg on toast.
- ☐ Fajitas, curry or stir fry.
- ☐ Spaghetti Bolognese or carbonara.
- ☐ Shepherd's pie or lasagne.
- ☐ Roast dinner.
- ☐ Biscuits, pie, bread or cakes.

