

## **Learning Intent for Food and Cookery at St Catherine's College.**

### **Food and Cookery Curriculum Intent**

We aim to enable our students to become enthusiastic and competent learners in Food and Cookery. Students are encouraged to develop a love of and understanding of Food and Cookery through practical and theory work where they learn the key skills and knowledge which enable them to progress to higher skills at KS4 and beyond.

Students are introduced to a broad range of cooking methods and commodities to enhance their awareness of a wide variety of foods and healthier cooking methods.

Through our curriculum, we aim for students to become as independent as possible, to prepare them for the life skills of cooking at home and to enable them to progress to the next steps in their education and lives.

Please find full details of the curriculum for all year groups below. If you have any queries, please get in touch with Ms H Pearce, Head of Food and Nutrition.

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