

Talk to your parents about



- ☐ Turning your thermostat down by 1°C (could save £80/yr)
- ☐ Turning your boiler flow temperature down to 60°C (could save £100/yr)
- ☐ Whether home insulation can be improved: funding support details on www.gov.uk
- ☐ Draft-proofing to fix draughts (could save £60/yr for a small cost)
- ☐ Switching to low energy or LED lights (could save £60/yr for a small cost)

Other things I've done to improve or protect the environment

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Our Vision

At St. Catherine's College, we believe that, in order to be a responsible citizen within school, and out of school, sometimes we must go out of our way to do things which help our society. By giving a little of our time and effort for the greater good, we create a happy and harmonious community.

"It is required of stewards that they be found faithful"
1 Corinthians 4v2



**ST. CATHERINE'S
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CHURCH OF ENGLAND ACADEMY

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**ST. CATHERINE'S
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MISSION: RESPONSIBLE FOR THE ENVIRONMENT

Preparing students to stand shoulder to shoulder
 with their peers: locally, nationally and globally.



RESPONSIBILITY PROJECT

If the UK is to meet climate and environmental goals, we will all need to consider changing how we travel, what we eat and buy, how we use energy and how we use our surroundings. We will also need to adopt new technologies and reduce carbon-intensive consumption.

The House of Lords report on 'Behaviour change for climate and environment goals' (2022), which St Catherine's College contributed to, identified that people power is critical to meeting climate targets: 68% of our energy reduction will come through improving technology but 32% will need to come from us all doing things differently. Using less energy and not wasting resources is good for the environment and can save us a lot of money.

This Responsibility Project is one way of helping you to make a positive difference to your local and global environment, as well as introducing some of the more difficult challenges which you might discuss at home or remember for the future.



Home - energy

- Turn lights off when you leave a room
- Only boil the water you need in a kettle
- Only heat rooms which you are using (could save £70/yr)
- Could you run your washing machine at a lower temperature? (could save £40/yr)
- Close curtains and blinds at night
- Avoid leaving appliances on standby (could save £70/yr)



Savings from → www.gov.uk / Energy saving tips / Quick and easy no cost actions

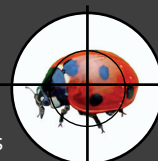
Home - resources

- Find alternatives to single-use plastics (e.g. reusable lidded containers and water bottles)
- Limit meat consumption, esp. where processed or not locally sourced
- Cut down on food waste: freeze & re-use leftovers
- Choose local and seasonal produce where you can
- Read the label! Ingredients such as palm oil and soya are linked to high CO₂ emissions
- Buy second hand and pre-loved clothes
- Recycle rubbish, rinsing cans, glass & plastics first
- Compost vegetable and garden waste



Conservation

- Find out how your local council supports nature conservation eg nature reserves, wild verges by roads, tree planting schemes
- Create a wildlife corner in your garden
- Reduce herbicide and pesticide use in your garden
- Support or raise money for a wildlife charity
- Help a local group of conservation volunteers: get involved in a beach clean, etc



Transport

- Avoid non-essential car journeys
- Car share where possible
- Walk, cycle or use public transport whenever possible
- Choose not to fly if possible



Be aware of

- 'ENERGY' labels which rate the energy efficiency of products we buy. A-rated appliances will be cheaper to run
- Where our food comes from eg strawberries in winter will have been flown a long way
- Where our paper, furniture and other wood-based products come from. Look out for labels such as 'FSC' and 'Rainforest Alliance Certified' which may indicate a sustainable source
- The difference one person can make; but tell your family and friends what you're doing
- The importance of trees: a single tree can absorb 25kg of CO₂ per year
- The environmental claims of politicians when they ask for your vote

