



ST CATHERINE'S
COLLEGE
A CHURCH OF ENGLAND ACADEMY

KGU/SSC

21 February 2023

Dear Parents and Carers

I hope this letter finds you well. I am writing to bring your attention to an issue of great concern: the use of cannabis oil vapes and edibles among young people.

As you may know, there has been a national increase in the illegal trade of cannabis which has increased the popularity of these products, especially among teenagers. While some people believe that cannabis is a harmless substance, the truth is that it can have serious health consequences, especially for those who are still developing physically and mentally.

Cannabis oil vapes and edibles contain high concentrations of THC, the psychoactive component of marijuana, which can cause serious harm to developing brains. It can impair memory, learning, and decision-making, and increase the risk of addiction and mental health problems.

Additionally, many of these products are packaged and marketed in ways that appeal to children and teenagers. Furthermore, edibles can take several hours to take effect, leading some users to consume more than intended and resulting in severe overdose symptoms.

As parents and carers, we would encourage you to talk to your children about the dangers of marijuana and other drugs and emphasise the importance of making healthy and safe choices. Please be aware of some of the signs that children may be using these products, such as changes in behaviour, mood, or performance at school, and take action if you suspect a problem. Please find below some photos of some of the products that police have found locally in Eastbourne.

If you have any questions or concerns, please do not hesitate to contact us. As always, we are here to help and support.

Kind regards

Kerry Guppy
Assistant Headteacher

