

### **Physical Education Curriculum Intent**

It is our intention when teaching the PE curriculum that we develop the enjoyment of physical activity and strive to improve the importance of health and wellbeing. Our intention is to give pupils the opportunities to develop their skills, knowledge and understanding and apply these in competitive situations, with the vision this provides them with lifelong learning skills and benefits of health.

We strive to ensure that all our pupils receive a well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve in our College and beyond. It is our intention to engage pupils in the possibilities of sport and exercise to develop a passion for being active, healthy and the confidence to try new things and build resilience and determination with all they do.