9 July 2021



SICATHERINE'S COLLEGE

A CHURCH OF ENGLAND ACADEMY

CONTACT









You will know from previous editions of Contact, that if you read for 20 minutes a day you will have read, over the course of a school year, approximately 1,800,000 words. In contrast to this, someone who reads for just one minute a day will have only read 8,000 words. Reading for at least 20 minutes a day can make a huge difference to every child.

The benefits of reading regularly are enormous. Reading can develop your imagination; widen your knowledge; improve your vocabulary and writing skills; help with your focus and concentration; and provide a sense of calm. The list goes on....

At St Catherine's College we really value the power of reading, as we know that a strong reading habit will help our students to reach their God-given potential. We ask all of our students to bring in a book/study guide as we provide a number of different reading opportunities each day. Huge thank you to parents and carers for your support with this.

We have recently designed a wall-mounted library area for each of the five year group zones, so that all of our children can freely select a new book or swap one that they have already read. You will see from the picture (left) that the shape of the bookshelves are the badge of the Church of England as well as the logo on our school ties.

If you have any appropriate books at home that you would be willing to donate to these libraries, we would be very, very grateful. These can be dropped off at main reception.

"I do believe something very magical can happen when you read a good book" J.K. Rowling.

Sophie Thomas, Deputy Headteacher



YEAR 11 STUDENT LEADERSHIP TEAM

Congratulations to our newly appointed Year 11 Student Leadership Team. They endured a tough interview process with four members of the team then presenting to the School in their bid to become Head Students. The presentations were phenomenal! Students, staff, and governors, then voted with the outcome of Emily and Leticia being appointed Head Students. We are so proud of them, well done!





LUDOVICA WINS NATIONAL ENGINEERING AWARD

Huge congratulations to Ludovica, Year 10 student, who recently came first in the intermediate engineering category of The Big Bang UK Young Scientists and Engineers Competition.

Her winning project 'Mechanical Energy Storage for African Village' uses a model wind turbine, an old clock spring and gearbox connected to a generator to show that wind energy can be collected in the spring and stored for later use.

More than 200 young people submitted projects to the competition, which looks at areas of science, technology, engineering and maths (STEM). Ludovica won £750 and was presented with a trophy and certificate. She hopes to study engineering at university.

<u>CLICK HERE</u> to hear Ludovica's story behind her winning entry.

Well done, Ludovica! This is an outstanding achievement.





BRONZE DofE QUALIFYING EXPEDITION

A report from Miss Haggart:

Congratulations to the Year 10 Bronze Duke of Edinburgh Award participants, who recently all passed their qualifying expedition. This is a great achievement, well done!





LIFE SKILLS WEEK

A report from Mr Pittman:

In June, Years 7, 8 and 9, had a a series of Health and Safety Life Skills lessons and Year 10 focussed on Careers and the Experience of Work.

Key Stage 3 topics included first aid, mental health, water safety, knife crime, sleep and smoking. Year 10 students covered writing a CV and a job application, health and safety and rights and responsibilities at work.









WANTED: GOOD HOMES FOR GIANT AFRICAN LAND SNAILS

Land snails make interesting pets: no walks, no vet fees, and easy to look after. The science department have snails to spare, so if you would like one, please read the advice <u>HERE</u> and email Mr Pittman at <u>npittman@stcatherines.college</u>





STAFF PEN PORTRAITS

WHO ARE WE?

Mr Healey is Head of Music. This is Mr Healey.....

I was brought up in Hampton (Southwest London) and moved to Eastbourne as a teenager.

I am so lucky to have two amazing young children, Rowan and Francesca. I was born in 1981. 'Don't You Want Me' by The Human League was number 1 in the charts.

I met the most beautiful woman in the world when I was 16. We had our wedding in 2007 and have been married for 14 years.

Art was my favourite subject at school. My art teacher inspired me to be creative and to work hard at improving myself. My first job was working on the perfume counter at an old department store (Army & Navy) in Eastbourne. I am the first in my family who's been to university.

I have a very large extended family. My nan has 15 grandchildren, 25 great grandchildren and 2 great great-grandchildren!

My degree is actually in design (not music). I originally wanted to work as a media designer but when I got the teaching bug, music was my absolute passion and had to be the thing I taught.

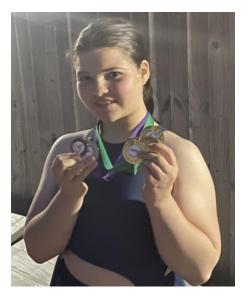
I have been writing songs since I was 14. I play several instruments and love singing, but writing music is my absolute passion. My favourite song is Fruit Tree by Nick Drake and my favourite album is Endtroducing by DJ Shadow.

I hate sweetcorn ⊗.



DANCE STAR

Congratulations to Sophie, Year 9 student, who recently competed against 14 to 20 year olds in a dance competition. She did amazingly well and achieved gold for street contemporary and choreography; silver for character; and bronze for song dance. Well done, Sophie!



CAFÉ OPEN FOR BREAKFAST IN SEPTEMBER

The café will once again be opening for breakfast from September. Year groups will be segregated in different areas to abide by social distancing regulations.

Breakfast will be served from 8.00am – 8.30am, Monday to Friday, and students will have the choice of the following:

Menu: Scrambled eggs, beans, bacon, muffins, bagels, croissants, pan au chocolat, Fairtrade hot chocolate, orange juice, apple juice, fresh fruits, fruit pot, yoghurt.







TOP HOUSE POINT ACHIEVERS



YEAR 7	YEAR 8	YEAR 9	YEAR 10
Rebecca C 1136	Jack D 974	Lauren D 1007	Jade D 803
Isla C 1040	Logan A 958	Millie B 879	Solen S 781
Sophie C 995	Eva B 915	Daniella B 844	Cyrine E 707
Archie M 954	Jasmine G 860	Amberley C 839	Isabelle W 689
Max T 950	Teriza W 852	Caedmon M 832	Elizabeth F 673



RESETTING YOUR EDULINK PASSWORD

EduLink has now made it easier for you to reset your password:

- 1. Add the school ID (STCC), or the school postcode (BN23 7BL), if prompted
- 2. Click on the 'Reset Login' link
- 3. Add the email address registered with St Catherine's College and click 'Reset Password'
- 4. Go to your emails to complete the process



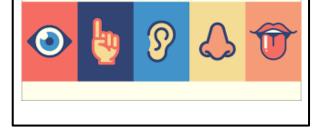
If you are still unable to login, please contact the Data and Information office (Iford@stcatherines.college) for support.



54321 – A SIMPLE MINDFULNESS PRACTICE FOR ANXIETY

Please <u>CLICK HERE</u> to view a short video on the BBC Wellbeing page which introduces this great grounding technique – 54321.

> The 5-4-3-2-1 Coping Technique Ease your state of mind in stressful moments.



THE OLD BANK WELLBEING TRUST Reduced–cost counselling sessions at Langney Community Centre

(Part funded by Eastbourne Borough Council)

To book please contact us:

Email: info@theoldbankwellbeing.org.uk Phone: 01323 502827 Text: 07737 570702 (A donation for the sessions will be agreed when booking)

We are a not-for-profit organisation with low-cost sessions available. Find us on Facebook @TOBwellbeing

www.theoldbankwellbeing.org.uk







@Hampden Park Sports Centre

Wednesdays& Thursdays 3-5pm

Yeary 7, 8 & 9. 11-14-year-olds

£4.00

Book up & play

Organised Games or simply just play with friends





For more information about activities please go to www.sporteastbourne.co.uk

Please contact Hampden Park Sports Centre at 01323 509859 / Eastbourne Sports Park at 01323 649214



ARRANGEMENTS FOR LAST DAY OF TERM

A reminder of the timetable for the last day of term, Wednesday 21 July:

ТІМЕ	SESSION
08:40 - 09:10	Tutor Time
09:10 - 10:10	Lesson 1
10:10 - 11:10	Lesson 2
11:10 - 11:40	Break/Lunchtime
11:40 – 12:30	Lesson 3
12:30	All students leave school





Friday 9 – Sunday 11 July	Silver DofE Qualifying Expedition
Wednesday 14 July	Year 10 Virtual Parents' Evening
Thursday 15 July	Sports Day
Friday 16 July	Sports Day
Monday 19 July	Year 11 Prom
Wednesday 21 July	Year 12 Reunion Celebration
Wednesday 21 July	Last Day of Term 6
Thursday 22 July	First Day of Summer Holidays
Thursday 12 August	GCSE Results Day
Wednesday 1 September	Inset Day
Thursday 2 September	First Day of Term 1 for Year 7 students

Arrangements to be confirmed for a staggered return for Year 8 – Year 11 students, pending government announcement.

