



My name is Delight and I am Head Pupil at St Catherine's College.

Our 'responsibility vision' for all students is 'To be a responsible citizen within school and out of school and to create a happy and harmonious community. We must sometimes go out of our way to do things which help our society, by giving a little of our time and effort for the greater good.'

Over the last term, the Pupil Leadership Team and Mr Watts have been working together to develop a project which aims to encourage all students to actively demonstrate one of our core values, which is 'responsibility'.

It is important that every student in school recognises and appreciates the importance of helping their parents/carers. This is our key focus for the next term; to encourage all students to help and support at home.

We feel that it is not only important to support and help parents/carers, it is also an opportunity to provide students with key skills; prepare students for life beyond school; promote independence and self-responsibility; and encourage students to become well-rounded citizens.

Worships have been delivered to all year groups this week on ways to support at home and the impact it can have on creating a happier environment. Worship also looked at how this initiative can support students in the future and educate them on the importance of responsibility.

I would like to take this opportunity to say a huge thank you to those who took the time to complete the 'Responsibility at Home' questionnaire. We have been overwhelmed by the positivity of the responses and here is some of the feedback which we received:

*'To appreciate how much their parents do for them and get an understanding of values. To assist as we work full time. If we work together as a household team, there is more time for us to enjoy each other's company.'*

*'Teaches them valuable life skills, the importance of*

*contributing towards the household as a whole family and respecting their belongings and each other as a family unit.'*

*'Teaches basic principals of teamwork and cooperation, as well as self-discipline.'*

*'They are part of our family so we all have a responsibility to look after our home.'*

In addition to the positive feedback, when analysing the data, it is evident that we need to do some work with those who are not getting enough sleep and spending too much time on their electronic devices. This will be something we address as part of our ongoing project.

In addition, as of next week there will be a new sticker on page 43 in the Student Diary to identify what contributions have been made at home; please complete as appropriate. We are trialling this with a long term vision for it to become part of our Bronze, Silver and Gold Awards.

Thank you once again for your continued support.

EASTBOURNE MUSIC AND ARTS FESTIVAL

Congratulations to our ballerinas who recently took part in The Eastbourne Music and Arts Festival. The aim of the Festival is to help to promote and encourage the study and practice of the Arts of Music, Dance, Speech and Drama.



## VALENTINE'S CAKE SALE

On Valentine's day, St Catherine's College students baked cakes to help support and raise money for the Ronald McDonald House Charities. The cake sale raised an impressive £100!

Two of our students and their families have benefited from this charity, which is why this cause is close to our hearts. Thank you to all the students who baked delicious cakes, and also to those who donated money to support the charities. Well done!



## FAIRTRADE FORTNIGHT

One of the most inspiring aspects of Fairtrade is how much young people support the cause. Perhaps it's because the concept of fairness is well understood in every playground; perhaps because children expect those in authority to defend abuses of power; or having grown up with social media, they are the generation most connected with the rest of the world.

Fairtrade Fortnight 2020 runs from 24 February until 8 March and, once again, highlights the plight of cocoa farmers, mainly women, who grow the beans for our favourite sweet treat, yet are often very poorly compensated for their efforts. During Fairtrade Fortnight, the School will be offering homemade Fairtrade chocolate desserts to support the Fairtrade movement. Weekly menus can be found on the School website:

<http://www.stcatherines.college/page/?title=Catering&pid=44>



## WELL DONE!

Congratulations to Julius, Gemma, Brian, Thomas, Bruno and Andrew in Year 11 who have regularly attended geography revision sessions after school. They have each received a globe stress ball to help them with their exams.



## YEAR 10 RE

Recently, Mr Hashim, science teacher, talked to Year 10 students about Jihad. This helped them understand the misconceptions and what it means to have a Greater Jihad; an inner strive to be a better person.

It was great for the students to have a practising Muslim talk through his faith. It brought it to life and was super helpful for GCSE preparation.



## TOP HOUSE POINT ACHIEVERS



### Year 7

Logan Adams **490**  
Phoebe Gaskell **462**  
Nikitas Tarasidis **460**  
Erin Cameron **434**  
Melody Capehorn **433**

### Year 8

Asha Reid-Wills **414**  
Amberley Connor **400**  
Jasmine Adsett **383**  
Stephanie Brown **334**  
Reuben Thornett **329**

### Year 9

Naomi Fraiss **454**  
Elizabeth Finn **415**  
Grace Boyd **388**  
June Maunga **378**  
Ollie Robson **356**

### Year 10

Berrie Robertson **544**  
Ailsa Cameron **542**  
Seth Archibald **457**  
Amber Matthews **450**  
Danniella Primmatt **439**

### Year 11

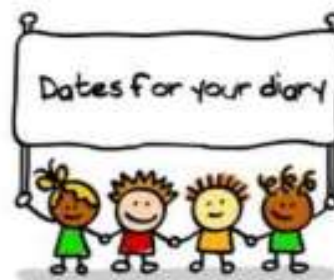
Hannah Cheeseman **609**  
Katherine Pawley **603**  
Mia Lozinski **439**  
Lois Hilton **429**  
Jasmine Ramazannejad **428**

## SOCIAL MEDIA



Would you like live updates of what is happening in school? To get the latest news and photos from St Catherine's College and keep in touch with what's going on, follow us on Instagram, Facebook and Twitter.

## DATES FOR YOUR DIARY



### February

24 Fairtrade Fortnight begins

### March

2 Y8 Assessment Fortnight begins  
6 Y9 Booster Vaccinations  
8 Fairtrade Fortnight ends  
19 School Production  
20 School Production  
24 Y7 Parents' Evening, 3.30pm - 7.00pm

### April

3 Last Day of Term 4  
20 First Day of Term 5  
21 Y9 Parents' Evening, 3.30pm - 7.00pm  
24-26 DofE Silver Practice Expedition  
25-26 DofE Bronze Practice Expedition  
29 Y8 HPV Vaccinations  
30 Y8 Parents' Evening, 3.30pm - 7.00pm

### May

6 Y10 Parents' Evening, 3.30pm - 7.00pm  
8 Bank Holiday  
22 Last Day of Term 5  
23-27 Y8 & Y9 Italy Cultural Trip

### June

1 First Day of Term 6  
15 Y10 Assessment Fortnight begins  
15-19 Y8 Bushcraft Residential Trip  
19 Town Sports  
21-25 CCF Summer Camp  
26-29 Y9 French Immersion Trip  
29 Y10 Work Experience Week starts  
30 Y6 Induction Evening

### July

2 School Prom at The Cavendish Hotel  
3 Y10 Work Experience Week ends  
4-5 DofE Bronze Qualifying Expedition  
7 Y6 Taster Day  
8 Y6 Taster Day  
10 Sports Day  
17 Last Day of Term 6  
20 INSET Day

## Parent Governor Ballot

Thank you to those who replied to last term's message regarding a Parent Governor vacancy. The deadline for nominations has now passed and more than one application has been received. A ballot now needs to be held with parents and carers having an opportunity to vote. Please see the procedure for voting outlined below and the ballot form attached. **The closing date for receipt of the completed form is Friday 6 March 2020.**

### Election of Parent Governors

- Vote by placing an **X** in the box underneath the candidate of your choice. Please do not mark the ballot paper in any other way.
- Do not vote for more than **one** candidate.
- Each parent or carer is entitled to **one** vote per vacancy.
- Each parent or carer must vote on a separate form.
- Please return the form by hand or post in a sealed envelope, marked "BALLOT PAPER" and addressed to the Clerk of Governors. The envelope should also have both your name and your child's name on the front, so that your eligibility to vote can be confirmed.
- The forms should arrive not later than 9.00 am on **Friday 6 March**. Any forms received after this time will not be counted.



### CANDIDATES FOR CONSIDERATION

#### CATHERINE FINN

I am the mother of five children and my daughter is in Year 9. My four sons were also students at St Catherine's College. I have a background in data analysis and information management and worked for 15 years in the NHS. I have volunteered in many child-related roles and run a primary school chess club, enjoying teaching a range of skills. I am keen to use my skills and enthusiasm in the role of Parent Governor, working with the other Governors and providing a parental perspective to support the mission and ethos of the College.

#### SANDRA SMITH

My name is Sandra Smith. I work as an Infection Control Nurse within the team at the local DGH. As part of my role I am involved with teaching staff and patients, a role that I find very rewarding. As a nurse, I also get to use my problem solving skills on a daily basis and feel that these skills could be put to good use as a school governor. I was involved with school during my son's time at Primary and would love to be part of St. Catherine's College.

#### EMILY GASKELL

I would like to be a parent governor here because it will allow me to combine my experience and enthusiasm for education for the benefit of the staff, students and other parents. I have previously been Vice Chair of Governors and Chair of the Finance Committee during my time as a Parent Governor and then Foundation Governor at the Church of England Primary that both of my daughters attended at the time; my eldest daughter is now in Year 7. I work for the NHS as a senior manager and am a member of our parish's District Church Council.



The Child Therapy Service CIC exists to promote and facilitate opportunities that enhance positive emotional well-being, improve academic resilience; and develop a greater understanding of specific education needs in children under 14. Their goal is to stop the cycle of mental health difficulties by building emotional resilience. A child's well-being is crucial, not just for their own lives, but for society as a whole. The Child Therapy Service runs many activities, groups, training sessions and meet-ups.

For more information and locations of the events below, please visit the website: <https://childtherapyservice.org.uk/>

## WHAT'S ON IN FEBRUARY?

| DATE          | TIME           | FORMAT                       | INFORMATION                                   |
|---------------|----------------|------------------------------|---|
| Monday 10th   | 6pm – 8pm      | Specialised Talk             | The Law and the Right Education Provision     |
| Monday 24th   | 10am – 12noon  | Child Friendly Support Group | Building Emotional Resilience                 |
| Thursday 27th | 10am – 12 noon | Informal Workshop            | A small workshop on Managing Demand Avoidance |

## WHAT'S ON IN March?

| DATE                       | TIME           | FORMAT                | INFORMATION   |
|----------------------------|----------------|-----------------------|---|
| Monday 2 <sup>nd</sup>     | 9.30am – 11am  | Coffee Morning        | More than Just a Coffee Morning, for families of anxious children |
| Monday 2 <sup>nd</sup>     | 6pm – 8pm      | Training Evening      | Dealing with Bullying – Physically & Mentally                     |
| Thursday 5th               | 6pm – 8pm      | Training Evening      | Understanding SEN Provision in Schools                            |
| Wednesday 11 <sup>th</sup> | 6pm – 7.30pm   | Evening Support       | PDA Eastbourne – Support Evening                                  |
| Monday 16 <sup>th</sup>    | 6pm – 8pm      | Training Evening      | Link between Gut Health & a Child's Mental Health and Well-being  |
| Monday 23 <sup>rd</sup>    | 6pm – 8pm      | Evening Workshop      | Reaching an Unreachable Child (2-Part Workshop)                   |
| Wednesday 25 <sup>th</sup> | 10am – 12 noon | Daytime Workshop      | Managing Demand Avoidance in Children                             |
| Thursday 26 <sup>th</sup>  | 10am – 12 noon | Daytime Workshop      | Building Emotional Resilience & Well-being                        |
| Monday 30 <sup>th</sup>    | 10am – 12 noon | Daytime Support Group | Building Emotional Resilience, Monthly Support Group              |
| Monday 30 <sup>th</sup>    | 6pm – 8pm      | Training Evening      | Can't Verses Won't (Sensory Integration)                          |



**Eventbrite**

<http://childtherapyservicecic.eventbrite.com>