

East Sussex School Health Service Children's Integrated Therapies and Equipment Service

Chaucer Clinic,
Unit A4 Chaucer Business Park,
Dittons Road,
Polegate,
East Sussex, BN26 6QH

Friday 20th March

School Health One Point: 0300 123 4062
Children's Integrated Therapies and Equipment One Point:
0300 123 2650

Web: www.kentcht.nhs.uk

East Sussex School Health Service (ESSH) and Children's Integrated Therapies and Equipment Service (ESCITES)*

Dear colleague,

East Sussex School Health Service (ESSH) and Children's Integrated Therapies and Equipment Service (ESCITES) recognise this is a challenging time for school staff, pupils and families. Coronavirus (COVID-19) may cause fear and anxiety, which can be overwhelming.

We would like to reassure you that both services will continue to provide care to those schools that are now closing and we are increasing the ways in which we can engage with children and families in the event of school closures and for families who are unwell or self-isolating.

ESCITES one point

A new central number for ESCITES will be in operation from Monday, 23 March. Please contact us on **0300 123 2650**. **This single point of access is a permanent change.**

This is a single contact point for speech and language therapy, physiotherapy, occupational therapy – including adaptations – specialist equipment and general enquiries. This is specific advice for children on our caseload, as well as advice and/or support for children and young people not accessing our service.

Text your school nurse

Young people aged between 11 and 18 can access support from a qualified nurse by texting **07507 332473**. This is a confidential service available between 9am and 5pm, Monday to Friday. This service will be maintained through school closures and other service disruptions.

Please publicise this number to the school community.

Chair John Goulston Chief Executive Paul Bentley

Trust HQ The Oast, Unit D, Hermitage Court, Hermitage Lane, Barming, near Maidstone, Kent ME16 9NT
[Facebook](#)

Find us on Facebook at /ESSchoolHealth. This page will be regularly updated with information and resources that may be useful to support children, young people and families.

ESSH referrals

We will continue to accept referrals for packages of care to support secondary pupils around healthy lifestyles:

- sleep
- diet
- exercise
- hygiene and self-care
- smoking and substance and alcohol misuse
- sex and relationships
- c-cards and chlamydia testing
- tier one emotional health.

We will also continue to accept referrals for packages of care for primary school pupils around:

- sleep
- day and night time wetting
- diet and exercise
- tier one emotional health.

Delivery may be adapted, but our qualified nurses can provide advice over the phone and we continue to encourage referrals.

Referrals can be made by contacting us on **0300 123 4062** or at **kentcft.esschoolhealthservice@nhs.net**

We will update our website in accordance with national guidance to be clear on any changes in service delivery.

Yours sincerely,

Sally Pullen
Head of Service

***Services provided by Kent Community Health NHS Foundation Trust**

Do you have feedback about our health services?

Phone: 0300 123 1807

8am to 5pm, Monday to Friday

Text: 07899 903499

Email: kentcft.PALS@nhs.net

Web: www.kentcft.nhs.uk/PALS

If you need to speak to someone about this service, please contact us directly, using the details at the top of page one.



Patient Advice and Liaison Service (PALS)

Kent Community Health NHS Foundation Trust

Unit J, Concept Court
Shearway Business Park

Folkestone

Kent CT19 4RG