


If you are worried or concerned
about a health issue and
need advice, text the
ChatHealth service on
07507 332473.

The number is
monitored by the
School and College
Health service
Monday to Friday, 9 to 5.

You can also meet
one of our nurses at
our drop-in clinics.

ChatExams
ChatDepressed
ChatStress
ChatSex
ChatBodies
ChatHealth

It is confidential,
private and
here for you

A black silhouette of two people standing and talking is positioned above the 'School Health Service' text. The person on the left is taller and appears to be wearing a coat, while the person on the right is shorter and appears to be wearing a bag.

**School
Health
Service**
East Sussex