



Year 11 have now finished their final set of mock exams and things at St Catherine's College are gearing-up for the summer examination season. I know that all students will be feeling some trepidation about this and a few might even be dreading it. In the lead up to the GCSEs, there are many lunchtime and after-school opportunities for pupils to get support with their revision. There will also be an extensive revision programme running through the Easter Holidays when all Year 11 pupils will receive further help and support with their studies. The full timetable for this will be shared next week by Mr Williams.

What is the best advice I can give pupils about their studies? Get the right balance and keep yourself mentally and physically healthy! There is a really useful guide on our school website called a 'Survivor's Guide to Study'. It will be particularly beneficial to our Year 11 pupils as they prepare to take their exams and I would encourage them to take a look and use some of the handy tips, advice and information:

<http://www.stcatherines.college/attachments/download.asp?file=578&type=pdf>

Tony Minall, Assistant Headteacher

DATES FOR YOUR DIARY

April

- 4 Y11 Photos
- 4 Y9 Parents' Evening, 3.30pm - 7.00pm
- 5 Last Day of Term 4
- 23 First Day of Term 5
- 24 Y10 Parents' Evening, 3.30pm - 7.00pm
- 29 Y8 & Y10 Assessment Fortnight begins

May

- 13 Y7 & Y9 Assessment Fortnight begins
- 20 Y8 HPV Immunisations
- 24 Last Day of Term 5

June

- 3 First Day of Term 6
- 14 Town Sports
- 17-21 Y10 Work Experience Week

THE IMPORTANCE OF HOMEWORK

A report from Mr Pittman:

When you hear of some statistical data that proves a point, do you ever respond like me and say, 'well I could have told them that'? Well, this could be one of those moments!

Are you surprised to hear that there is evidence to show that, in secondary school aged pupils, there is a strong correlation between completing homework and academic achievement? I would expect you not to be surprised because completing homework allows pupils to practise what they have learned in school and develop important study skills.

Homework teaches pupils to work independently, develop self-discipline and to take responsibility for completing a task - important skills for a successful learner.

It is, therefore, important that pupils at St Catherine's College complete homework and complete it on time. Pupils who fail to do so should expect to be detained after school to catch-up on what is missing.

In Term 5, we will introduce a more thorough system for dealing with failure to complete homework. In the first instance, we will launch the new system with Year 10 pupils. In an attempt to help all to complete their homework, pupils will be set homework detentions if they do not complete what is set. Failure to attend will lead to greater consequences including College and Headteacher's Detentions.

Parents/carers will be able to see if homework detentions have been set via the Edulink App.

FREE NHS ONLINE COUNSELLING SERVICE FOR 12-18 YEAR OLDS IN EAST SUSSEX

Email: [hello@e-motion.org.uk](mailto:hello@e-motion.org.uk)

Young people can self-refer



## YEAR 7 JUDO STAR

As reported in the last edition of Contact, Mikey, Year 7 pupil, took part in the British Schools Judo Championship, representing St Catherine's College, a few weekends ago. He did amazingly well, only just missing out on a medal! Last Sunday he participated in the Sussex Judo Trials and achieved a silver medal. Well done, Mikey!



## YEAR 10 GEOGRAPHY FIELD TRIP

The Year 10 geographers recently had a very successful two days collecting data for their paper 3 exam, putting all they had learnt in the classroom into practice.



## TOP HOUSE POINT ACHIEVERS

### Year 7

Amberley Connor **468**  
Chiamaka Nnamuka **415**  
Isabelle Steer **404**  
Rosie Williams **398**  
Ella Kendall **389**

### Year 8

Gurleen Kaur **452**  
Naomi Frais **437**  
Elizabeth Finn **437**  
June Maunga **432**  
Hannah Jeanes **419**

### Year 9

Berrie Robertson **407**  
Sophia Pawley **377**  
Amber Matthews **371**  
Amber Davies **370**  
Joshua Capper **363**

### Year 10

Hannah Cheeseman **430**  
Lois Hilton **424**  
Alice King **402**  
Katherine Pawley **400**  
Abbie-Marie Brockman **373**

### Year 11

Millie-Louise Thomas **616**  
Evie Loose **576**  
Philippa Jewell **560**  
Hannah Payne **506**  
Jessie Oliver **477**



## FOOTBALL NEWS



Congratulations to Year 9 pupil, Shay, whose team recently won the Rother League Besure Security Systems Cup. Shay plays in goal and was jointly crowned man-of-the-match. Well done, Shay!

## EASTBOURNE ARCHERS

### ARCHERY TASTER

Saturday 13 April, 1.00pm - 4.00pm

Langney Sports Club, Priory Lane,  
Langney, Eastbourne.

Adults £5.00, Children £2.00



# FISH 4 KIDZ<sup>®</sup>

## FISH 4 KIDZ

Sunday 28 April 2019: 12 noon—2.30pm

Free Entry

Catch and release

A chance for children aged 5 to 16 years to experience the joys of beach fishing.

Entry by prior arrangement only. All entrants must be registered by Sunday 21 April. Entry forms are available at Anglers Den (01323 460441) and Tony's Tackle (01323 731388). Any enquires, please call Anglers Den or email Steve Frost at nomadsec@hotmail.co.uk.