



## ROUTES INTO HEALTH, CARE AND COMMUNITY CAREERS

### WHERE DO I START?

LEVEL 1

#### SCHOOL / COLLEGE / WORKPLACE

- **GCSE (D-G / 4-1)**
- **Applied & Technical Qualifications**
- **Traineeships:** For 16 – 23 year olds qualified below L3

LEVEL 2

#### SCHOOL / COLLEGE / ON-THE-JOB TRAINING

- **Apprenticeship (Intermediate):** Adult Care Worker, Healthcare Science Assistant, Business Administration
- **GCSE / IGCSE (A\*-C / 9-5):** Core subjects English/Maths (at C or above). Useful subjects: Sciences / Psychology / Sociology

LEVEL 3

#### SIXTH FORM / COLLEGE / ON-THE-JOB TRAINING

- **Apprenticeship (Advanced):** Lead Adult Care Worker, Dental Nurse, Personal Trainer, Business Administration, Early Years Educator, Senior Healthcare Support Worker
- **A level:** Sciences, Psychology, Sociology
- **Applied & Technical Qualifications:** Diploma Health and Social Care, Children and Young People's Workforce, Early Years (Extended Diploma), Early Years & Childcare (Advanced Technical Diploma)

LEVEL 4 / 5 / 6 +

#### SIXTH FORM / COLLEGE / ON-THE-JOB TRAINING / UNIVERSITY

- **Higher Apprenticeship:** Healthcare Assistant, Dental Technician, Associate Ambulance Practitioner, Leader in Adult Care, Assistant Health Practitioner, Children & Young Peoples Workforce,
- **HE Degree:** BSc Health & Social Care  
BSc Public Health & Nursing  
BSc Paramedic Practice  
BM Medicine  
BS Surgery
- **HE Degree Apprenticeship:** BSc Registered Nurse  
BSc Occupational Therapist  
BSc Advanced Clinical Practitioner  
  
(Combines workplace training with study. Typically 1-4 years.)

### PROGRESSING TO...

#### CAREERS INCLUDING

Care Assistant Care Worker Healthcare Assistant Support Worker Housekeeper (Care Home) Team Leader Assistant Practitioner Speech and Language Therapist Personal Assistant Community Care / Support Officer Occupational Therapy Assistant Care Assessment Officer Assistive Technology Officer Social Worker Social Care Assessor HR Department Administration Nutritionist

#### REGISTERED PROFESSIONS

Physiotherapist Social Worker Nurse Adult Mental Health Practitioner Psychologist Operating Department Practitioner Activities Assistant / Coordinator Dentist Dental Nurse Occupational Therapist Midwife Psychiatrist

#### TOP REGIONAL EMPLOYERS

East Sussex Healthcare NHS Trust  
Sussex Healthcare Health Management Ltd South Coast Nursing Homes Brighton and Sussex University Hospitals NHS Trust Lloyds Pharmacy East Sussex County Council

Salaries vary widely in the health and social care sectors, but an experienced manager could earn £50-80k

### FIND OUT MORE

Abacus Training Group  
[www.abacustraininggroup.co.uk](http://www.abacustraininggroup.co.uk)  
APM  
[www.apm-uk.co.uk](http://www.apm-uk.co.uk)  
Babcock Training  
[www.babcockinternational.com](http://www.babcockinternational.com)  
Bexhill College  
[www.bexhillcollege.ac.uk](http://www.bexhillcollege.ac.uk)  
Crossland & Dudson Training  
[www.cdtraining.co.uk](http://www.cdtraining.co.uk)  
Connect 2 Care  
[www.connect2care.net](http://www.connect2care.net)  
Greater Brighton Metropolitan College  
[www.gbmc.ac.uk](http://www.gbmc.ac.uk)  
Heathercroft Training  
[www.hts.ac.uk](http://www.hts.ac.uk)  
Interserve Learning & Employment  
[www.learning-employment.com](http://www.learning-employment.com)  
Jace Training  
[www.jace-training.co.uk](http://www.jace-training.co.uk)  
Phoenix4Training  
[www.phoenix4training.com](http://www.phoenix4training.com)  
Possability People  
[www.possabilitypeople.org.uk](http://www.possabilitypeople.org.uk)  
Rewards Training  
[www.rewardstraining.co.uk](http://www.rewardstraining.co.uk)  
Runway Training  
[www.runwaytraining.co.uk](http://www.runwaytraining.co.uk)  
Sussex Coast College, Hastings  
[www.sussexcoast.ac.uk](http://www.sussexcoast.ac.uk)  
Sussex Downs College  
[www.sussexdowns.ac.uk](http://www.sussexdowns.ac.uk)  
Tempus Training  
[www.tempustraining.co.uk](http://www.tempustraining.co.uk)  
University of Brighton  
[www.brighton.ac.uk](http://www.brighton.ac.uk)  
YMCA Training  
[www.ymcatraining.org.uk](http://www.ymcatraining.org.uk)